

RAMS Checklist

Risk Assessment & Method Statement Key Points

A risk assessment method statement (RAMS) is crucial for ensuring safety and efficiency when handling tasks with potential hazards. It outlines risks, control measures, and procedures, helping teams follow best practices and safety regulations.

Check out the RAMS checklist to make sure your next assessment covers all the key points, ensuring all safety aspects are addressed and no details are overlooked.

The Job Owner

Person responsible for overseeing the project (including name, job role and contact details)

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The Customer

Including the company name, project contact, site address and site contact

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The Site

Including access times, induction requirements, welfare and first aid information and PPE requirements

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Customer Responsibilities

Including preparing the site ahead of the move, providing access permissions or decommissioning equipment

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Risk Assessment

Including electrical hazards, manual handling risks, environmental conditions and contamination risks

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Job Step Details

Including a description of how the work will be carried out safely from start to finish, who's responsible for carrying out certain tasks, safety measures and special equipment or techniques required

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Emergency Procedures

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